

#### **CHECK OUT YOUR GUIDE TO** WHAT'S ON SUMMER 2015



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Your Council keeping residents informed **w**fcouncil www.walthamforest.gov.uk

Issue 139

8 June 2015





#### Our neighbourhood, our community, our children



**Dear Resident** 

There are thousands of hard-working and talented young people living in Waltham Forest - but the simple truth is that not all of them have the same opportunities to shine.

That's where our fantastic foster carers come in. They go above and beyond to give children in need that extra bit of support to help them succeed in life.

It's a role that has its challenges, but one which is extremely rewarding and which ultimately makes a huge difference to a young person's life.

You don't need any special qualifications to be a foster carer, nor do you need to have a partner or even be a homeowner. What you do need is patience, understanding and to be able to provide a nurturing and stable environment where a child can feel safe and secure.

In return, the Council can offer you round-the-clock support and all the training you need along with a professional fee for your work and an allowance for each child you foster to meet all their needs.

If you are interested in becoming a foster carer, or even if you just want to find out a little bit more about what's involved, we hold regular information and Young People

sessions and offer opportunities to meet existing foster carers – so you can hear for yourself what they do and if fostering is for you.

We're currently celebrating Foster Care Fortnight, so there couldn't be a better time for you to discover how you can help give a young person a brighter future.

Waltham Forest

park Rusting **Councillor Mark Rusling** 

Cabinet Member for Children



# Going above and beyond



Peter and Pauline

Peter Filmer and his partner Pauline Cole have looked after more than 100 children as foster carers in Waltham Forest.

This is because they also act as emergency foster carers – offering a temporary home to vulnerable young people at a moment's notice.

Ten years ago, the couple – who have four children, 12 grandchildren and one great grandson between them – decided to help young people in need by becoming foster carers. A decade later and they remain just as passionate about the role.

"The more children you help, the more you want to carry on," Peter said.

"We treat all of the kids we look after as we would our own, we don't look at them as foster children. They are just looking for a bit of stability and also to have a bit of fun, and to see the change in them after a short time with us, to see how happy they are, it gives you such a buzz. There's nothing better than seeing a kid laughing and being happy."

Peter and Pauline ended up becoming permanent foster carers to three of the children that came through their doors – and have made a huge difference to the lives of scores more.

"Ultimately though, it's the children that do all the work, we just give them the chance to be successful.

"I cannot imagine anyone regretting becoming a foster carer – it really is so rewarding." Peter said.

Visit www.walthamforest.gov.uk/fostering

to find out more about fostering a child in Waltham Forest, you can also view a video to hear about the experiences of foster carers in the borough.





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# Waltham Forest

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www.walthamforest.gov.uk

**y** @wfcouncil

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**NEWS** 

# Mid-summer Festival and Le Tour in tandem

Leyton's Mid-summer Festival joins forces with Le Tour de Waltham Forest and Mini-Holland to kick the borough's summer events off in style

This year's free Mid-summer Festival, which takes place in Leyton Jubilee Park (Seymour Road, E10 7BL) on Saturday 21 June, will be bigger and better than ever, as it will host the start and finish of the annual Le Tour de Waltham Forest cycling event.

Le Tour de Waltham Forest gives the chance to take to the roads and explore the borough on two wheels, whether you are new to cycling or an experienced rider. There will be staggered starts between 12noon and 3pm to suit different abilities, including families, recreational and club cyclists.

With the Council making improvements to cycling and walking infrastructure across the borough as part of the Mini-Holland programme, Le Tour is the perfect opportunity to start getting out and about on your bike. You can visit the Mini-Holland stand at the festival to find out the latest developments from

the programme, and enjoy cycling activities such as 'Rollapaluza' simulated racing and 'try a bike'.

The Mid-summer Festival takes place from 1-6pm, with a range of entertainment for all ages, including Eastern European music, delicious food and drink and a host of activities to get involved in. Best of all it's completely free to attend and no ticket is required.

Highlights will include a craft activity area where you can learn how William Morris was inspired by designs from Turkey and the Middle East, and paint your own colourful tile to take home.

#### More info

To register for Le Tour, visit www. enjoywalthamforest.co.uk/getinvolved/le-tour-de-walthamforest/. For information on the Mid-summer Festival visit www. walthamforest.gov.uk/gettogether





GET TOGETHER TO ENJOY ANOTHER
BRILLIANT YEAR IN WALTHAM FOREST

FREE

Sunday 21 June 2015, 1pm-6pm

Leyton Jubilee Park, Seymour Road, Leyton E10 7BL

Festival fun for all the family, the start and finish point for Le Tour de Waltham Forest plus fun cycling activities and lots of information on our exciting Mini-Holland Programme.





facebook.com/walthamforestcouncil

# Meet the new Mayor



- Cllr Saima Mahmud is the new Mayor of Waltham Forest
- Outgoing Mayor, Cllr Terry Wheeler, attended nearly 350 engagements

Cllr Saima Mahmud was voted in as Mayor of Waltham Forest for the next year at the Council's Annual General Meeting on Thursday 21 May.

Born, raised and educated in Walthamstow. Cllr Mahmud has represented the Hoe Street ward for nine years and has held a junior cabinet post.

The Mayor is the borough's First Citizen and represents Waltham Forest at public, civic and ceremonial events. You can invite the Mayor to attend community events and other celebrations by contacting the Councillor Services

The Mayor announced that her main focus will be promoting

community cohesion and human rights, and she will work with community groups to help stop violence against women and girls. Consequently, the local charities she will be supporting are the Kiran Proiect. Haven: the Survivors of Abuse Network and Waltham Forest Samaritans, She will also continue her predecessor's practice of appointing a team of Youth Mayors from the Council's Youth Engagement Team.

Cllr Mahmud said: "It's an honour and privilege to be the borough's next first citizen. I love Waltham Forest and could never imagine living anywhere else. I look forward to working with individuals, groups and organisations so that everyone

can come together and proudly celebrate being part of Waltham Forest."

Outgoing Mayor Cllr Terry Wheeler also made a speech at the AGM. He thanked his colleagues, vouth mavoress Karishma Mohamed, his team of young mayors and his daughter Abina for their support. He attended almost 350 official engagements during the year and supported many youthfocused charities and projects.

#### More info

If you would like The Mayor to attend a local event, visit www. walthamforest.gov.uk/themayor. phone 020 8496 3000 or email mayor@walthamforest.gov.uk.

#### In my opinion



#### TJ Kittoe

#### Resident, Leytonstone

Many people may have heard of the concept of Fairtrade, but how many of us have taken the time to sit down and start to consider changing our lifestyles to make it happen?

Fairtrade is about helping farmers and workers in developing countries to work in sustainable and safe environments. It is also about paying fair wages for the work that they have done.

Unfortunately, many big businesses do not make sure that this happens. Many people in less developed countries work for extremely low wages and in terrible conditions because it is the only

way in which they can provide for their families. Children as young as eight are often forced into backbreaking, dangerous work. As unpleasant as it sounds, this is reality and it is happening right now, all over the world.

However, it seems as though Fairtrade still isn't taken seriously in today's society. Well-known global sports brands, which stand at the forefront of contemporary fashion, are strongly suspected of operating unethical sweatshops in some of the world's poorest countries. This is something that I believe needs to be stopped.

In order to begin to combat

these issues, my two brothers and I decided to found an ethical menswear retailer called Mister Kittoe. We believe that people will consider buying Fairtrade fashion if it is more easily accessible, and at affordable prices.

We feel strongly about making ethical fashion the norm, and we are on a mission to push ethicallymade clothes to the forefront of the fashion industry. We want to end the disgrace of modern day slaves working in terrible conditions without any rights, just so that people can look good for cheaper

World Fair Trade Day takes

place on 9 May every year. This year, my brothers and I went to Oxford Street to speak to shoppers about Fairtrade fashion, and to highlight some of the ethical issues associated with fashion today. It was a really successful day, and I like to think we helped spread the word about why Fairtrade is something we should all be concerned about.

We can all help address the

injustices of conventional trade by buying Fairtrade and abolishing the exploitation of workers in less developed countries. Lots of us care about how we look. Buying Fairtrade means we can follow fashion and help low paid workers and farmers around the world at the same time.

For more information, email misterkittoe@gmail.com or visit www.misterkittoe.com.

#### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 350 words; Waltham Forest News wants to hear from you. Email walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

#### **Contact Waltham Forest Council:**

Visit www.walthamforest.gov.uk E-mail Wfdirect@walthamforest.gov.uk Call 020 8496 3000



#### **Waltham Forest News**

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews

020 8496 3000.

Advertising and promotional enquiries:

Sue Hardcastle, **020 8496 3000** (press 6) advertisingwfn@walthamforest.gov.uk

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## A score for William Morris?

Residents are being encouraged to get behind a campaign to have William Morris feature on the new £20 banknote.

The Bank of England is calling on members of the public to suggest whose face should grace the next note, which will celebrate Britain's achievements in the visual arts.

Staff at the borough's very-own William Morris Gallery (the family home of the man himself) have taken to Twitter to drum up support for the designer, craftsman, writer, conservationist and socialist.

A recent editorial in the national Guardian also backed the man considered to be one of the most outstanding and influential designers of the Arts and Crafts Movement.

Council Leader Chris Robbins has already put forward his nomination in support of Morris.

"William Morris's artistic legacy is as strong today as it has ever been, so he would make an excellent subject for the new £20 note," Cllr Robbins told Waltham Forest News.

"Waltham Forest is home to the only publicly funded gallery devoted

to Morris, so it would be a fantastic result for the borough if one of our much-loved and internationally-recognised former residents were to be acknowledged in this way."

You can nominate William Morris to appear on the next £20 note by visiting the Bank of England's website.

Its eventual decision will be based on the strength of the contribution of the nominees, not on the number of times they were nominated. Nominations must be made by Sunday 19 July 2015.

The William Morris Gallery, which

is owned and run by Waltham Forest Council, is housed in the Grade II\* listed building that was Morris's family home from 1848 to 1856. It reopened in August 2012 following a major redevelopment led by the Council and supported by the Heritage Lottery Fund.

#### More info

To nominate William Morris to appear on the £20 note, visit www.bankofengland.co.uk. For more information on the William Morris Gallery visit www.wmgallery.org.uk.

### In brief

# Asbestos fine

Waltham Forest Council has been fined £66,000 along with court costs of £16,862.30 for charges relating to the handling of asbestos in the Town Hall between 2002 and 2012. The Council pleaded guilty to four charges brought by the Health and Safety Executive (HSE), and cooperated fully with the investigation. The Council fully accepts that it should have done more in the past to manage the safety of its buildings in the past, and has been working with the HSE to ensure that nothing like this happens again in future.

# Enjoy Life this summer



It's all happening in Waltham Forest this summer. We have a packed calendar with over 200 free festivals, events and activities taking place in our parks, libraries, galleries and museums. There really is something for everyone.

Last year our events helped more than 125,000 residents enjoy living life in Waltham Forest and following this success, the 2015 events programme is bigger and better than ever before.

Enjoy Life, our what's on guide,

lists the huge range of events and activities that are taking place in the borough for all of the family.

Together events including our Big Weekender festivals with international and local artists and

"We want residents to enjoy life in the borough, which is why we have invested in parks, leisure, culture and events."

You should find a copy of the guide inserted in this edition of Waltham Forest News.

Enjoy our fantastic Get

our famous Walthamstow Garden Party. Come and watch Wimbledon on the big screen in Walthamstow Town Square, or take part in many cultural events and family activities ranging from pond dipping and creative workshops to helping to break a world record.

Cyclists of all capabilities can take part in Le Tour de Waltham Forest which takes place at our Mid-summer Festival in June and at the end of summer we have a great new event, Grillstock, which boasts a weekend of meat, music and mayhem.

Council Leader, Chris Robbins, told Waltham Forest News: "Many of you have told us that Waltham Forest is a great place to live and more and more people are calling it their home. We want our residents to enjoy life in the borough which is why we have invested in our parks, leisure, culture and events. We host more than 200 free events every year, and our world class Get Together programme provides the perfect opportunity for the community to come together, celebrate and enjoy summer."

A small number of our events are ticketed, so please check the Council website for details and any changes to the events.

#### More info

Download a PDF copy of the guide by visiting www.walthamforest. gov.uk/enjoylife. For more information on the Get Together programme of events visit www. walthamforest.gov.uk/gettogether. Free internet access is available at all Waltham Forest Libraries.

#### Student Oyster Cards

Young people aged 16 and 17, and students in full time education, are being reminded to apply for their 16+ Zip Oyster photocards or 18+ Student Oyster photocards - which offer young Londoners free or discounted travel in the capital. The 16+ photocard offers free travel on buses and trams, as well as discounted pay as you go fares on the London Underground, DLR, London Overground and National Rail services in London. The 18+ Student Oyster offers full time students a 30 per cent discount on the price of adult rate travelcards and bus and tram season tickets. Applications must be made online, and you should receive your photocard within a week. There is a one-off cost of £20

• For more information, or to apply, visit www.tfl.gov.uk/zip.

# How's business?

Waltham Forest Council has commissioned an online business survey called 'Waltham Forest, How's Business?'. The survey aims to reach out to businesses in the borough to get their feedback on the conditions in Waltham Forest, the support available and the needs businesses might have. If you run a business in the borough, be sure to contribute your views so that the Council can gain the most accurate picture of what things are like for local businesses.

 The survey can be found at https://goo.gl/jn1EKB and is also being shared through the twitter account @WF\_HowsBusiness. Free internet access is available at all libraries in the borough.

# Getting our housing in order

Waltham Forest Council has four key priorities to help improve the lives of residents. In this edition we look at what is being done to support affordable housing for everyone's needs









Housing is a key issue for our residents, whether they live in social housing in the borough, own their own home, or rent privately. Waltham Forest Council is taking an intelligent and dynamic approach to the issues that affect our residents when it comes to where they live, and where they will live in the coming years.

#### Construction and collaboration

Over the next five years Waltham Forest Council has set a target of seeing 12,000 new homes built in the borough, with 4,000 of them being affordable and 2,000 being Council-owned homes.

Cllr Khevyn Limbajee, Cabinet Member for Housing, told Waltham Forest News: "We have already obtained funding for 540 of the Council homes we are looking to see built before 2020, and have attracted significant investment from the private sector to see developments built throughout the borough.

"We are working with stakeholders such as the Greater London Authority (GLA) and have set up good communications with Housing Associations and other investors and developers to maximise potential and ensure we see the right mix of housing built."

#### Innovation and acceleration

Some of the ways the Council has accessed funding, and found ways in which it can accelerate

The establishment of this zone means the Council can accelerate building up to 2,500 new homes in the area and deliver an estimated 1,000 new jobs.

The Council is also pursuing the creation of a Special Purpose Vehicle (SPV). If Central Government agree to the SPV proposal it would allow the Council to build more homes and retain greater control over the properties built by constructing them on land that it owns.

# Housing is a key issue for residents, whether they live in social housing, own their home or rent privately.

and concentrate homebuilding in the most appropriate areas around the borough, have required an innovative and collaborative approach.

Earlier this year the Council was successful in its bid to the Mayor of London to create a new Housing Zone in the Blackhorse Lane area.

Central Government places controls on the amount of money Councils are permitted to use for house building and improving council housing. By looking to create an SPV Waltham Forest Council aims to maximise the potential the borough has to accommodate additional housing.

#### Regeneration and protection

The Council has also instigated radical plans to improve housing on two of its largest estates, with significant regeneration projects in Marlowe Road, Walthamstow and Montague Road, Leytonstone.

In Marlowe Road, 214 homes and shops will be demolished and replaced. The Fred Wigg and John Walsh towers in Montague Road will be completely stripped back to their concrete frames, with a new block of Council housing created between them.

The Council has also introduced a Private Rented Property Licensing scheme that requires all privately rented properties in the borough to be licenced. It will mean the borough's private landlords will have to meet conditions such as obtaining references for new tenants and dealing with complaints of anti-social behaviour or criminal activity.

"We know we have got a lot of decent, responsible landlords in the borough who are very supportive of this scheme and understand the need to tackle anti-social behaviour and take seriously their responsibilities." said Cllr Limbaiee.

"The Early Bird period to obtain a licence runs until Monday 15 June, allowing landlords to take advantage of a 50 per cent discount on the cost of the licence. The reduced rate of £250 for five years works out at just 96p a week, so landlords should make sure they get in there quick!"

Landlords without a licence, or who do not take the responsibility to comply with all of the conditions of the licence, could be subject to enforcement action, a fine or prosecution.

#### More info

For more information, visit www.walthamforest.gov.uk/housing. Private Landlords can obtain a licence by visiting www.walthamforest.gov.uk/prpl. Free internet access is available at all libraries in the borough.

# What you say

Residents tell Waltham Forest News what they think about the Council's work to help improve housing for the benefit of all people living in the borough



"I think spending money on building new housing is a very good thing and I also believe that more should be done to bring older housing up to spec – making them more energy efficient and of a decent standard."



"It is really difficult to get onto the housing ladder. I have two children who have both moved out of the borough and are renting. But I think while more housing is needed, it very much depends on the type and the numbers."



"I am looking to buy somewhere in Chingford with my boyfriend, but it is so tough to get a deposit together and house prices are going up all the time. I think building a good mix of housing is necessary."



"I recently purchased my flat through shared ownership and would recommend it as a good way to get a foot on the ladder. Landlord licensing is a very good idea. Some landlords do really need to be held to account."



# Landlords Apply online

Helping to reduce anti-social behaviour and improving the lives of our residents.

Apply today by visiting

walthamforest.gov.uk/prpl

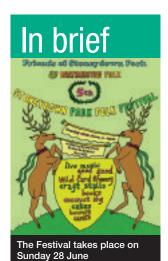
by 15 June 2015 and save £250











# Walthamstow Folk Festival

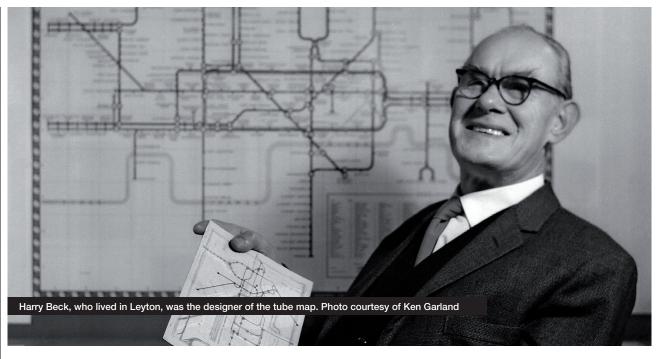
Music fans and families looking for fun ways to enjoy the borough's parks might like to check out the forthcoming Walthamstow Folk Festival, which takes place at Stoneydown Park (Pretoria Avenue, E17 9JY) on Sunday 28 June. The festival, which is organised by the Friends of Stoneydown Park and Walthamstow Folk Club, is now in its fifth year. As well as live folk music there will also be delicious food and drink, craft stalls selling locally-made goods and plenty of family-friendly activities. The fun takes place between 2pm and 6pm and entry is free. All proceeds will go towards funding future events and activities in Stoneydown Park. The Friends of Stoneydown Park are one of Waltham Forest's official Friends of Parks groups, which work with the Council's parks team to help create better open spaces. Each group helps care for a specific park or green space in the borough.

 For more information visit www. friendsofstoneydownpark.org.uk. For more information about Walthamstow Folk Club, visit www.walthamstowfolk. co.uk. Free internet access is available at all libraries in the borough.

#### **Ruckholt Road**

The highways works currently being carried out in and around Ruckholt Road in Leyton form the latest part of the Council's Mini-Holland scheme. Marshall Road has already been resurfaced, a new cyclist and pedestrian crossing has been created, and a landscaped embankment with a staircase has been installed. Later this month, work to the Orient Way junction and the resurfacing of Orient Way will take place before a new five phase traffic signal system is installed to include cyclist and pedestrian phases.

 For more information, visit www. enjoywalthamforest.co.uk, phone 020 8496 3000 or email miniholland@ walthamforest.gov.uk.



# All change — new tube map and night service

- New tube map highlights the range of borough transport links
- Plans for all-night tube mean changes to night bus service

Train enthusiasts and commuters alike will be pleased to hear that a new tube map launched by Transport for London (TfL) now shows the full range of transport links to Waltham Forest.

The new orange lines in north east London have got railway fans all of a flutter. Not least the Chingford Line which is now managed by TfL/London Overground Rail Operations Limited (LOROL).

The new management of these lines brings them onto the tube map for the first time. Similarly the Enfield and Cheshunt Lines on the other side of the Lea Valley are also now on the London Underground map.

As well as making it to the iconic map, the change is expected to lead to improvements on both lines including better staffing levels, signage, station refurbishments and new trains.

Other notable local inclusions on the new map include the walking link between Walthamstow Central and Walthamstow Queen's Road, which is thanks to Ray Dudley Way – the new step-free footpath that was opened by Waltham Forest Council last year.

A new pedestrian link between Hackney Downs and Hackney Central stations is now also noted on the map. This will be very useful for Waltham Forest residents travelling from Walthamstow to Stratford. Also on the new map is the Liverpool Street to Shenfield line that TfL have taken over as the eastern part of Crossrail 1.

The changing nature of the map is particularly pertinent in the borough not only because of the additions noted above, but because there are more transport changes on the horizon in Waltham Forest. Work began last month on Leyton's Lea Bridge Station, which is expected to re-open to local commuters in 2016.

The iconic tube map also has a special relationship to Waltham Forest, as the designer, Harry Beck, was born in Wesley Road, Leyton. An English Heritage blue plaque was unveiled at his former home in 2013 to commemorate 80 years since the map was first published.

The publication of the new tube map comes at the same time as the launch of a consultation that will run until Wednesday 1 July about proposed changes to night bus services to complement the night tube that starts running in September.

The proposed night bus changes are designed to improve connections to the night tube, and in a couple of cases, remove duplication by reducing frequency on existing night buses.

The changes are likely to mean that some of Waltham Forest's local bus services will be 24 hours for the first time on Fridays and Saturdays. These include the number 34 from High Barnet to Walthamstow Central (via Angel Road to Crooked Billet), the 123 from Wood Green to Ilford (via Tottenham Hale, Blackhorse Road, The Bell and Waterworks Corner), the 145 from Leytonstone to Dagenham and the 158 from

Stratford to Chingford Mount (via Levton).

There would also be increased frequencies on the N8 from Oxford Circus to Hainault (via Liverpool Street, Stratford and Leytonstone), up from one every 20 minutes to one every 15 minutes.

The proposals would also see frequencies on the N38 from Piccadilly Circus to Walthamstow Central (via Hackney Central) from one every six minutes to one every eight minutes, and the N73 from Victoria to Walthamstow Central (via Kings Cross, Stoke Newington, Tottenham Hale, Blackhorse Road and The Bell) from one every 12 minutes to one every 15 minutes.

#### More info

To view the new tube map, visit www.tfl.gov.uk/maps/track/tube. To take part in the Night Bus consultation, visit https://consultations.tfl.gov.uk/buses/night-bus-review. Free internet access is available at all libraries in the borough.

# **Counterfeit booze and fags**

- Thousands of foreign cigarettes forfeited by food centre
- Council's Trading Standards Service carries out joint raid with HMRC



Company Director Mr Ismail Sari, 35, of Boundary Road, Walthamstow, pleaded guilty to four charges at Thames Magistrates' Court on Friday 15 May following the discovery of illicit cigarettes and alcohol at Palmerston Food Centre, located at 86 Palmerston Road, Walthamstow.

He was given full credit for his guilty plea to the charges of engaging in unfair trading practices and ordered to pay just over £1,000 – a fine of £216, costs of £769 and a £20 victim surcharge. The Court also ordered the forfeiture and destruction of the alcohol and cigarettes.

Back on 19 November last year, Trading Standards Officers from Waltham Forest Council were accompanied by officers from Her Majesty's Revenue and Customs (HMRC) and a representative from the International Federation of Spirit Producers when they visited Palmerston Food Centre. During the visit 23 one litre bottles of High Commissioner Whisky and five 70cl bottles of Glen's Vodka were seized. All of the seized bottles bore counterfeit duty stamps, indicating the required Duty had been diverted. HMRC Officers also seized 4,470 mixed non duty paid foreign cigarettes which were found hidden on the premises. HMRC calculated that the total duty evaded for the illicit seized goods amounted to 52 044.

Mr Sari told Trading Standards
Officers that the seized High
Commissioner Whisky was left on
the shop premises when he took
over the business. He said the
Glen's Vodka was purchased from
a dubious person trading from a
warehouse in Barking.

Mr Sari also disclosed that the seized cigarettes were purchased from an unidentified 'white van man', and he admitted that he had purchased goods from these questionable sources in an attempt to boost his takings.

"Unfortunately this is all too common a story," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment. "Yet again a business has fallen foul of dodgy dealers in an attempt to make a quick buck.

"Now that he is £1,000 lighter thanks to the courts, has lost all that stock, and the money he paid the dubious individuals who supplied him with these illicit goods, he may well reflect on just how successful his strategy to boost his takings was in the long run. And it goes without saying he is not out the woods yet. We will be looking to review his Alcohol Licence, too."

#### More info

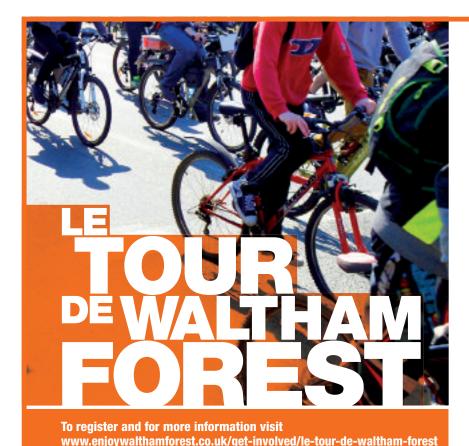
Any resident that suspects they have bought fake goods, or alcohol or tobacco on which the appropriate duty has not been paid, should report the matter to Waltham Forest Trading Standards. Phone 020 8496 3000 or email tradingstandards@walthamforest.gov.uk.



# **DriveNow goes electric**

Car sharing scheme DriveNow, which has been operating in Waltham Forest since February, has introduced 30 brand new electric cars to its existing fleet. The new vehicles which hit the streets last month are now operating across the four London boroughs of Waltham Forest, Hackney, Haringey and Islington. DriveNow aims to make flexible car sharing easy. No prebooking is necessary, customers simply use the app to find the nearest car; unlock it using the app and go. It's that simple. At the end of the trip, just find the nearest available parking space in one of the four boroughs, lock the car using the app, and the journey is complete.

To register, visit www.drive-now.com.
 To find out more about car clubs visit www.walthamforest.gov.uk/carclubs.



## **Sunday 21 June 2015 12noon – 5pm**

**Leyton Jubilee Park, Seymour Road Leyton E10 7BL** 

Take part in our annual cycle ride and discover your borough.

Le Tour de Waltham Forest offers bronze, silver and gold rides to suit all people who cycle or want to try cycling, including families, recreational and club cyclists.

Le Tour de Waltham Forest will start and finish at the Mid-Summer Festival. There's fun for all the family, eastern European music, cycling activities and lots of information on our exciting Mini-Holland Programme.

**Bronze** - 6.6 miles starts at 1pm and 3pm **Silver** - 17.5 miles starts at 2pm **Gold** - 27.5 miles starts at 12noon





## **Sports and fitness**

#### **Capoeira Classes**

Mondays and Wednesdays, 6.15 – 7.30pm

Walthamstow Leisure Centre, 243
Markhouse Road, E17 8RN
Capoeira is a unique Brazilian art-form
that combines elements of martial arts,
dance, music and acrobatics. Training
capoeira involves all muscle groups and
exercises the whole body and mind.
Suitable for all ages, backgrounds and
abilities and a fantastic activity for children.
First class free. £9 drop-in per class. All
levels welcome. Discount for children
and students. For more information
phone 07462 745 158, email
sacimaculelecapoeira@gmail.com or
visit www.sacimaculele.com.

#### Zumba fitness with Michelle

Mondays, 7.30pm

The Vestry Hall, The Green, E4 7ER **Wednesdays, 1pm** 

St Edmunds Church Hall, 216 Chingford Mount Rd. E4 8JL

#### Thursdays, 8pm

Chingford Congregational Church, 161 Chingford Mount Road, E4 8LT Zumba fitness classes with Michelle. All welcome, and all classes are pay as you go at £5 per class or £20 for 5 classes. For more information phone Michelle on 07869 128 186.

#### **Gentle Yoga**

Mondays, 6-7pm

The Mill, 7 − 11 Coppermill Lane, E17 7HA Gentle yoga class, great for beginners, people with health issues, newbies or anyone just wanting a nice small, friendly relaxing yoga class. We learn simple physical postures that improve posture and general physical and mental well-being, then have a calming relaxation to finish. £10 drop in or £9 with a loyalty card. For more information and bookings email josettayoga@hotmail.co.uk or phone 07554 440 499.

#### **Ashtanga Yoga**

Fridays 9.45 - 11.15am

Quaker Meeting House, 1a Jewel Road, E17 4QU

Fast flowing dynamic yoga class for spiritual and physical wellbeing. Great for cleansing, increasing fitness, flexibility and balance, with a calming relaxation to finish. Please bring your own mat. £12 drop in or £11 with a loyalty card. For more information, and bookings, email josettayoga@hotmail.co.uk or phone 07554 440 499.

#### Lea Valley Friends Walking Group

Saturday 27 June, 10.30am

Meet at the junction of Kings Head Hill and Holly Drive, Chingford. Join us for a beautiful, four mile walk through the forest to admire the views of London from Yates' Meadow. A warm welcome assured. For more information visit www.leavalleyfriends.org.uk, email lvfwalkers2001@hotmail.com or phone 020 8529 1602.

#### **Yoga for Every Body**

Tuesdays, 6.15-7.30pm

Leyton Sixth Form College, Essex Road, E10 6EQ

Sallyanne is a very experienced instructor who skilfully adapts the classical poses to suit everybody in this friendly class. Come and learn to relax and recharge while building up strength, flexibility, poise and peace. Beginners welcome. £33 for 6 weeks or £6.50 drop in. For more information, phone Sallyanne on 020 8520 7242 or 07952 307 455 or visit www.goldenyoga.co.uk.

#### Free Karate Classes for All

Classes available seven days a week

Frederick Bremer School, Chingford Leisure Centre, The Peter May Sports Centre and Wanstead Leisure Centre

Join us for a free trial karate class at one of the leisure centres listed above. For more information visit www.Karate-London. co.uk or phone 01992 768 664.

#### **Zumba with Chloe**

Tuesdays, 7pm

Walthamstow School for Girls, Church Hill, E17 9RZ

Wear low, supportive trainers and bring a bottle of water to enjoy this exhilarating dance fitness class in a low pressure atmosphere. £5 drop in, discount available for advance payment. For more information phone 07903 629 636, email Chloe@dancechloe.com or visit www.DanceChloe.com.

#### **Circuits with Chloe**

Tuesdays, 8.15pm

Walthamstow School for Girls, Church Hill, F17 9R7

A high impact exercise class for men and women who want to improve strength and stamina. Aiding weight loss and muscle tone in a friendly environment with variations for all levels. £6, drop in. For more information phone 07903 629 636, email Chloe@dancechloe.com or visit www.DanceChloe.com.

#### Hypnobirthing Classes

Saturday 13 and Sunday 14 June, 11am–5pm

The Northcote Arms, 110 Grove Green Road, E10 6PN

Are you expecting a baby and want to have a positive and empowering birth? Hypnobirthing reduces fear and teaches you to be calm and in control enabling an easier and more relaxed birth. Group and private classes run every month by an experienced midwife. For more information phone Nissa on 07862 248 650, email info@birthstory.org.uk or visit www.birthstory.org.uk.

#### Yogi J Yoga

Mondays, 7-8pm

St Michael's Church Hall, Northcote Road, F17 6PQ

An open ability class with options for beginners and those with an established yoga practice. Unify body, mind and breath and increase strength, flexibility and balance. For more information email jjcassidy123@btinternet.com or phone 07789 513 701.

# Clubs and community

#### Leytonstone Green Drinks

Monday 15 June, from 8pm The Walnut Tree, 857–861 High Road Leytonstone, E11 1HH

Are you green and eco-minded? Do you want to meet others with the same interests? Then come along on the 15th of any month and enjoy good company, green conversations and great beer (or fruit juice!). Look for the table with the green tablecloth. For more information, phone 07747 014 235.

#### Community local produce stall

Every Saturday, 10.30am–3pm

St John's Church, Church Lane, Leytonstone

A stall selling delicious, locally-grown organic fruit and vegetables and other local produce. A partnership between Organiclea and Transition Leytonstone. For more information, email stall@ transitionleytonstone.org.uk or phone 020 8556 3090.

#### **Family Fun Day**

Saturday 20 June, 11am-4pm

All Saints Church, Church Avenue, Highams Park, E4 9QD

Crafts, games, Wii, books, bouncy castle, live performers, rock band, school choir, dancers, BBQ, Bubbly Bar, refreshments, flower festival in the church and lots more.

#### Church Lane Community Garden

Saturdays, 10am–4pm and Tuesdays, 11am–4pm

Harold Road, E11 4QX (next to the children's playground)

Come along to Transition Leytonstone's award-winning community garden. Organic fruit and veg, plants to buy, gardening tools to borrow, growing tips, regular workshops. Volunteering opportunities too. For more information email cg@

transitionleytonstone.org.uk or phone Shannon on 07450 474 538.

#### Parkside Primary School Summer Fete

Saturday 4 July, 12-4pm

Parkside Primary School, 21 Wellington Avenue, E4 6RE

Bouncy castle, kids games and activities, Zumba demonstrations, BBQ, drinks

and snacks and stalls for rental at £10 a table. Come and support a great primary school. For further details and to reserve a table please email friendsofparkside2015@gmail.com.

#### Miniature Steam and Electric Train Rides

Every Sunday and Bank Holiday Monday until 4 October, 2–5.30pm and Wednesdays during school summer holidays, 2–4pm

Ridgeway Park, Peel Close, E4 6XU Miniature steam and electric train rides at Ridgeway Park, Chingford are great fun for children and adults alike. Train rides are available at 60p or £1.50 depending on the train track in use. Kids under three go free with an adult. For more information, visit www.chingford-model-engineering. com.

#### **CV and Interview Workshop**

Wednesday 10 June, 6.30–8pm
Harmony Hall, 10 Truro Road, E17 7BY
Looking for a new role but not getting
your foot in the door? Nervous about
an upcoming interview? This intensive
workshop aims to provide you with the
tools and insights you need to create an
outstanding CV and perform a first class
interview. Workshop costs £20. For more
information phone 07879 637 660,
email enquiries@cvandinterview.co.uk
or visit www.cvandinterview.co.uk.

## Volunteering Opportunities dates and times vary

We're looking for enthusiastic volunteers who enjoy interacting with children to support learning and development through a range of play activities. Volunteers will work alongside a small team based at Longshaw and Oakhill Primary Schools for breakfast and after school support, and South Chingford Methodist Church during the school holidays. We are able to pay for travel and lunch. We will also support those volunteers wanting to gain a childcare qualification. For more information please phone Lorna Parkinson on 07949 693 459.

#### Family Day Trip to Dieppe

Saturday 1 August, 5am-11pm

Meet at KFC, 590 Lea Bridge Road, E10 7DN We will take a coach and ferry to Calais, play games and give away prizes as we travel to Dieppe and visit a hypermarket on the way back. Tickets are available on a first come, first served basis so book early to avoid disappointment. Phone Dawn on 020 8529 8752 or 07957151341, or visit www.blacnblanco.co.uk.

#### Magna Carta Celebration

Saturday 13 June, 11am-2pm

St Edmund's Church Centre, 216 Chingford Mount Road, E4 8JL

Join us for a fun day and medieval banquet to celebrate the 800th anniversary of the signing of the Magna Carta. There will be various stalls and attractions including face painting, theatrical entertainment and light refreshments. The 'peasants banquet' consisting of traditional Fayre and beverages, will begin at 1pm. There is no set charge for the banquet, but you must book a place in advance. For more information email bgurfer@aol.com, phone 020 8527 1634 or 07444 873

## **Culture** and crafts

#### **E17 Guitar Club**

Saturdays, 12noon

Hornbeam Café, 458 Hoe Street, E17 9AH Guitar playing and performing fun for adults of all abilities. Multi-skill groups, beginners welcome. Pay £52 for a half term of six, 40 minute lessons or drop in, £10 per lesson. For more information phone Christian Karlsson on 07958 471 083, email chris@e17guitar.com or visit www.e17guitar.com.

#### E17 Swedish language course

Monday and Wednesday evenings, tbc
Hornbeam Café, 458 Hoe Street, E17 9AH
Learn Swedish in these beginners/
intermediate and conversation courses
classes. Relaxed and fun for adults. Pay
£60 for a half term of six, 60 minute
lessons in a small group. Daytime lessons
also available. For more information
phone Christian Karlsson on 07958 471
083, email chris@e17swedish.com or
visit www.e17swedish.com.

#### E17 Jazz

Wednesday 24 June, 8.30–10.30pm Orford House Social Club, 73 Orford Road, F17 90R

The award winning E17 Jazz Collective presents concerts on the last Wednesday of each month featuring local musicians of national renown, plus exciting guest stars in a relaxed jazz club setting. Entry £10 or £8 for concessions. For more information visit www.e17jazz.com/whatson.

#### Sing at The WO

Every Monday, 7.30–9pm

The Warrant Officer, 318 Higham Hill Road, F17 5RG

Join our community choir at The Warrant Officer pub. Absolutely no auditions, all abilities welcome. Raise your voice and lift your spirits as part of an adult choir where you call the tunes. Inclusive, informal and fun. First 'taster' session is free, then £6 per session in advance or £7 pay-as-you-go. For more information email singattheWO@gmail.com or phone Laura on 07813 686 980, or just come

#### E17 Designers' Bookish Market

Saturday 13 June, 12-6pm

Ye Old Rose and Crown, 53 Hoe Street, E17 4SA

Book-ish fair hosted by E17 Designers,

with book-inspired art, illustrations, poetry books and hand made products for sale, part of the annual E17 Art Trail. Entry is free. For more information visit www. e17designers.co.uk or email contact@ e17designers.co.uk.

#### **Jazz Concert**

Saturday 20 June, 7.30pm

All Saints Church, Church Avenue, Highams Park, E4 9QD

Join us for a concert with Bob Dwyers' Jazz Band. This event is for our annual summer weekend for the community, raising money for All Saints Church. For tickets and enquiries phone Roger on 020 8531 3502.

#### **Highams Park Live**

Thursday 25 June, 7.30-11pm

The County Arms, 420 Hale End Road, Highams Park, E4 9PB
An evening of live acoustic music, poetry and live literature with an eclectic programme of songwriters, poets and storytellers. The event is free and if you want to be part of the audience then please come along on the night and be inspired by the creative atmosphere!
For more information, visit www. highamsparklive.co.uk. Performers are booked in advance, please email info@ highamsparklive.co.uk.

#### Strung Out Violin Groups for Adults

Thursdays, 7-8pm

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Strung Out is a fun violin group for adults run by professional musician Alison Jones who has over 30 years of performing internationally. There are currently places available for the intermediate class which is Grades 4–6 level. All styles of music welcomed from classical to traditional. Fun is the key ingredient! For more information, and to reserve a place, email strungout@shapeshifter-productions.com, phone 020 7018 2927 or visit www.shapeshifter-productions.com.

#### **Beginners Banjo Classes for Adults**

Mondays, 6.30pm

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU

Fancy learning a new instrument? Professional musician, Dick Smith, teaches five-string banjo classes in three finger bluegrass style picking. Start from scratch and develop your skills in a relaxed and fun environment. £12 per class when paid in advance for the term. Book now for the next seven week course – limited availability. For more information phone 07745 052 525, visit www.banjosmith. co.uk or email info.banjosmith@gmail.

#### Beginners Ukulele for Adults

Saturdays, 12.30pm Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Fancy learning a new instrument? Try the ukulele with an experienced professional musician in a fun and relaxed environment. Instruments not provided. £10 per class when paid in advance for the term. Book now for the next seven week course — limited availability. For more information phone 07745 052 525, visit www.banjosmith. co.uk or email info.banjosmith@gmail.

#### **The Stones Throw Market**

Saturday 4 July, 2-6pm

St Johns Church Hall, E11 1HH
A local monthly artisan and retro market featuring lots of interesting stalls including designs by Gail's Windy Day, jewellery by Fused & Fired and retro prints by Flock & Roll. Also on offer is the award-winning locally sourced Epping honey, plants, retro homeware and vintage clothes plus afternoon tea and homemade cakes. We have new stalls every month. A great free event for the whole community. For more information email stonesthrowmarket@yahoo.co.uk or twitter @stonesthrowe11.

#### **E10 Arabic Club**

Days and times vary

Leyton, time and venue TBC

Join us and learn to speak Arabic in a
modern, fun and dynamic way. Classes for
complete beginners, or people who want
to consolidate their previous knowledge.
Family sessions and reading and writingonly classes are also available. Classes
are two hours long and run for 10 weeks,
taught by native experienced tutor. For
more information, phone 07737 483 621
or email clubarabic@notmail.com.

#### Piano and Guitar Tuition

Flexible dates and times available
Learn to play a range of musical styles from
the comfort of your own home. Available to
both children and adults. Covers all levels
from complete beginner to advanced.
Styles include Classical, Jazz, Spanish and
World Music. Exam preparation included
with a current 100% pass rate. £30 per
hour, £10 discount on the first lesson.
A discount is also available on multiple
lesson purchases. Fully qualified and CRB
certified. For more information, phone
Paul on 07515 156 331 or email paul.

#### Craft E11 Evening

mountford@hotmail.co.uk.

Second Tuesday of the month, starts 8pm

Red Lion, 640 High Road Leytonstone, E11 3AA

An excuse for anyone with a craft hobby to get crafting and socialise. Just turn up, and start your project at the reserved table. Free to attend. For further information, visit www.facebook.com and search 'Craft E11.'

# Children and young people

#### **E17 Junior Guitar Club**

Saturdays, different levels and times
Hornbeam Café, 458 Hoe Street, E17 9AH
Guitar playing fun for children of all
abilities, ages 6 and over. Pay £52 for a
half term of six, 30 minute lessons. For
more information phone Christian
Karlsson on 07958 471 083, email
chris@e17guitar.com or visit www.
e17guitar.com.

#### **Acting Bugs**

Fridays, 9.50-11.30am

The Peterhouse Centre, 122 Forest Rise, E17 3PW

Acting Bugs and Diddy Bugs are interactive drama groups for children aged three to four years and 18 months to three years led by local TV actress and mum, Sam Seager, and children's author Shirani Bolle. The sessions last 45 minutes and introduce pre-school children to the world of drama in a fun and playful way. The sessions will get your little ones imagination buzzing. help develop focus and build confidence. Parents stay with their children through the session. Numbers strictly limited, so please email to book your free taster session. For more information email info@actingbugs.co.uk or visit www.actingbugs.co.uk.

#### **Chinese Courses for School Students**

Saturdays, 10am–12noon and Sundays, 10am–12noon

LCB Education Centre Suite, Gateland Business Centre, 210 Church Road, F10 7.IG

Enrolment for new academic year is commencing now. We provide 3–6 years course for primary and secondary students to achieve Mandarin qualification (AQA, Edexcel, Edexcel, Certificate in Chinese and even YCT and HSK). School fees for 2015/16 (33 weeks) will be £330. For more information, please phone Mr Jianhui Cai on 07412 485 813 or email LCBedu@outlook.com.

#### Ridgeway Rovers U15s – players wanted

Tuesdays, 6–7.30pm and Sunday daytime

Parmiters Sports Ground, Nelson Road, F4 9AS

Ridgeway Rovers Tigers U14's (current school Year 9, next season U15's) are looking for a new goalkeeper and some additional players to strengthen our squad. We play in the Echo League on Sundays and were this season's League and League Cup Runners Up. Our coaches are FA qualified and our club is a Charter Standard Club. For more information on coming for a trial, phone Paula on 07980 347 772 or email ridgewayteam2014@aol.com.

#### Kids' Summer Disco

Friday 17 July, 5-8pm

Chingford Assembly Hall, Station Road, E4 7EN

An infant and junior prom, primarily for children aged up to 11 years. Come dressed as Cinderella or Prince Charming, as a superhero or in your disco gear. A family event with musical fun and games, entertainer Sally Squiggle, face painting, sweets, sand art. Refreshments, pocket money toys and 'Frozen' and superhero goodies will be on sale at the event. Relevant stallholders wanted. There will be a licensed bar for over 18s. All children, or groups of children, must be accompanied by an adult. Entry costs £6 per child and £4 per adult. To book tickets in advance, or for more information, phone Irene Bull on 020 8559 4500, email irenebull@hotmail.co.uk or visit www. chingfordevents.co.uk.

# **Council Meetings**

Wednesday 10 June

Growth Scrutiny Committee

**Thursday 11 June** 

Health and Well-being Board, 12.30pm

Tuesday 16 June

Neighbourhoods Scrutiny Committee

Thursday 18 June

Pension Fund Committee

All meetings are held at Waltham Forest Town Hall and start at 7.30pm, unless stated otherwise. Dates and times are subject to change.

## **Community Ward Forums**

#### **William Morris**

Saturday 13 June, 10–11.30am Aveling Park Centre, Lloyd Park, Forest Road, E17 4PP

#### Cann Hall

Tuesday 16 June, 7.30-9pm

Cann Hall Methodist Church, 296 Cann Hall Road, E11 3NL

#### **Wood Street**

Monday 22 June, 7-9pm

Henry Maynard School, Addison Road Site,



### **Tell us what's on**

**Email your event details to:** 

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for 6 July edition is **Friday 19 June** 

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Please send your listing requests in the body of an email, formatted as shown on these pages.



**GET TOGETHER TO ENJOY ANOTHER** BRILLIANT YEAR IN WALTHAM FOREST



Join us for a fantastic two day family festival with top bands, Caribbean Carnival and an array of free fun and entertainment for all

#### SATURDAY 4 JULY

Sporting activities, funfair, crazy golf, climbing wall, pedal karts, trampolines, bouncy castle and much more

#### **SUNDAY 5 JULY**

Waltham Forest Caribbean Carnival and music event featuring top bands Aswad and The Real Thing plus Island Waves DJ, Scrappy, Camara, Amy Young and Cerebro Dance Troupe plus many activities throughout the day





www.walthamforest.gov.uk/get-together

facebook.com/walthamforestcouncil Follow us on Twitter @LBWFEvents



#### **Computer Classes**

#### June-September Programme for adults aged 50+

Age UK Waltham Forest have been running computer training in the borough for more than an decade. We work with small groups of students and have a team of knowledgeable, friendly tutors delivering the courses.

#### Introduction to Tablet Computers Course

11th & 18th June - 10.30am-12.30pm £12.50 9th & 16th July - 10.30am-12.30pm £12.50

#### **Skype for Beginners Course**

25th June & 2nd July - 10.30am-12.30pm £12.50

#### **Understanding Your ipad**

you must be able to bring your own ipad 6th July 10.30am-12.30pm £5

#### **Ebay Basics**

23rd July 10.30am-12.30pm £5

#### More Tips, Tricks and Favourite Apps

30th July - 10.30am-12.30pm £5

#### Scams and Internet Security

3rd September - 10.30am-12.30pm £5

#### Where's my Stuff?

(Downloading and Moving Files) 10th September - 10.30am-12.30pm £5

#### **Ereaders – Kindles and Kobos**

17th September - 10.30am-12.30pm £5

#### Where am I? (Google Maps)

24th September - 10.30am-12.30pm £5

#### Computers for Beginners

10 Week Course Walthamstow and Chingford Start Date TBC £39.90

#### Home Visiting One-to-One Lessons

Please telephone or email to book £10 per hour

If you would like to book please send a covering note with payment, email info@ageukwalthamforest.org.uk or telephone 02085585512



# Community

#### Leyton



# Society steps back in time

- Leyton and Leytonstone Historical Society is celebrating its tenth anniversary
- If you want to know more about the history of the local area, why not go along to a talk or join the group on a visit to a place of interest?

Were it not for a "happy coincidence", Leyton and Leytonstone Historical Society may not exist today – let alone be celebrating its 10th anniversary.

The popular community group, which regularly meets to explore the history of the former Borough of Leyton, organises events on local historical subjects and visits to places of interest – be it a talk about Italian WWII prisoners on Wanstead Flats or a tour of the Theatre Royal in Stratford East.

The Society currently has around 140 paid-up members, and is encouraging anyone who is interested in finding out more about the history of the local area to get in touch or come along to a meeting.

The group's formation can be tracked back to a missed appointment in 2005, which gave Bill Measure, Chair of the Society and one of its founding members, a window of opportunity to put the group together.

Back in 2005 Bill had lined up an interview to become an official City of London Guide, and had set aside

a year during which he planned to train for the role. However, not everything went to plan.

Bill told Waltham Forest News: "On the way to the interview I realised to my horror that I had the time wrong and had missed the interview time by a considerable chunk. So what to do with the year I had set aside?

"By happy coincidence, London Open House Day was taking place and St John's Church was open. I knew that Reverend Raymond Draper, who has since retired, was a keen local historian – and a kind and very practical man – and so I went to St John's, introduced myself, said that I was keen on starting a local history society but we would need somewhere to hold an introductory meeting.

"Raymond jumped at it, and suggested setting up working groups to keep people involved while we went through the details of getting the Society off the ground."

And get it off the ground they did. Bill's wife and Society secretary Maureen added: "The first meeting of the Society was held in May 2005. We thought if we attracted 40 people we would be doing well. In the end there were over 100 at our introductory meeting and our membership numbers have held up, so we seem to be doing something right!"

Leyton and Leytonstone
Historical Society's ongoing aim is
to research and promote interest
in and knowledge of the history of
the former Borough of Leyton and
the surrounding area – while being
instructive, sociable and, most of

all, fun. Membership, which costs £8. is open to all.

The Society's next event will be a talk about London and the First World War given by speaker David Evans. The event takes place at 7.45pm on Wednesday 1 July at St John's Church Hall (829 High Road Leytonstone, E11 1HH.) All talks are free to Leyton and Leytonstone Historical Society members, while visitors are asked to make a \$2 donation to help cover costs.

#### Did you know?

- Leyton became part of the London Borough of Waltham Forest in 1965.
- Railways arrived in Leyton and Leytonstone in 1856.
- Leyton Station first opened on 9 July 1894 as part of the Tottenham and Forest Gate Railway. It was renamed Leyton Midland Road on 1 May 1949.
- Leyton was once the fastest growing town in Britain.
- Leyton Coronation Gardens was built in 1902 to commemorate the coronation of King Edward VII.

#### More info

To find out more, or to join Leyton and Leytonstone Historical Society, visit www.leytonhistorysociety.org.uk, email Membership Secretary David Boote at david boote@yahoo.com or phone him on 020 8559 3592.

# In brief Eton Manor AC

If you're keen to start running more, but don't fancy pounding the pavements alone. Eton Manor Athletics Club is on hand (or foot!) to help. The friendly and welcoming club, which is based at Leyton Jubilee Park (The Cottage, 3 Marsh Lane, E10 7BL) is encouraging people of all standards to join them for group running sessions from their clubhouse every Thursday from 7.15pm. You can join guided runs around Leyton Jubilee Park, Leyton Marshes, Lee Valley Park, the Queen Elizabeth Olympic Park and beyond. Eton Manor also offers a programme for complete beginners which can take you from no running to running 5km in nine weeks. The next course starts in September.

For more information email etonmanorac2013@gmail.com.

#### Mandarin classes

Young people who wish to learn a new language and gain a recognised qualification can sign up for Mandarin classes which begin in September.
Courses are available for primary and secondary age pupils, and cost £330 for 33 weeks tuition. Classes take place between 10am and 12noon every Saturday and Sunday at the London Cross Culture Bilingual Education Centre (Gateland Business Centre, 210 Church Road, E10 7JG). Courses are also available for adults.

• For more information visit www.lcbeducationcentre.com, or email LCBedu@outlook.com.

# Day trip to Dieppe

If you're looking for fun activities this summer, why not join local not-for-profit group Blac n Blanco for a family day trip to Dieppe, France? The group will meet at KFC (590 Lea Bridge Road, E10 7DN) at 5am on Saturday 1 August, and take a coach and ferry to Calais, before driving to the coastal community of Dieppe. There will be plenty of fun and games during the journey, including quizzes with prizes. Attendees can enjoy a visit to the Chateau Musee de Dieppe and Saturday market, take a stroll on the beach or enjoy local restaurants. There will also be a visit to a Hypermarket on the return journey to Calais. Tickets are available on a first come, first served basis and cost £45.

 For more information phone Dawn on 020 8529 8752. To book tickets online, visit www.blacnblanco.co.uk/apps/ webstore.

# Alliston House residents enjoyed a tea dance

#### Tea dance

Care home residents were given the chance to put on their dancing shoes and reminisce about times gone by during a special tea dance. Staff at Councilrun Alliston House, in Church Hill Road, Walthamstow organised the event after female residents talked about how much they used to enjoy dancing with men in suits. So, taking up the call to become dance partners for an afternoon, male staff from Waltham Forest Council. including Chief Executive Martin Esom. donned suits and paid a visit to the home on Friday 22 May. Cllr Angie Bean, Cabinet Member for Adult Services, said: "It was a lovely afternoon enjoyed by all - particularly Alliston's female residents, who jumped at the chance to take to the dance floor?

 Find out more about residential care, supported and sheltered housing in Waltham Forest by visiting www. walthamforest.gov.uk/housing.

#### Diabetes Week

Diabetes UK is urging people with diabetes to make sure they get proper psychological support. The call comes ahead of Diabetes Week 2015, which runs from 14 to 20 June. The rate of depression is twice as high in people with diabetes as in the general population, with levels of anxiety and eating disorders also significantly higher Depression can lead to poor self-care which can, in turn, lead to an increased risk of complications such as blindness. stroke, heart attack, kidney failure and amputation. Access to emotional and psychological support is one of the 15 Healthcare Essentials that Diabetes UK says every person with diabetes should have if they are assessed as needing it. More than 20,000 people in Waltham Forest have diabetes and many more are believed to have the condition but are currently undiagnosed

• For more information visit www.diabetes.org.uk/15-essentials.

# Helping students into work

- Whipps Cross programme helps young people learn new skills
- Hard-working students land job offers through Project SEARCH



Local students in Waltham
Forest are being given a
chance to show how much
they're capable of, thanks
to an innovative training and
employment scheme at Whipps
Cross Hospital.

As part of our series of features shining a spotlight on the unsung heroes working at Whipps, we're turning our attention to some of the hospital's newest recruits.

Chingford resident Ben Caldenk, 22, and 20-year-old Aqib Safdar, from Walthamstow, have both just secured full-time jobs at Whipps having taken part in Project SEARCH.

The scheme is designed to create employment opportunities for young people with learning difficulties. Through Project SEARCH, they spend time in different areas of the hospital including Medical Engineering, Pathology, Maternity, Medical Records and Catering, in order to better understand how the hospital works and the jobs that are essential to keep services functioning.

Project SEARCH is available to students between the ages of 16 and 25 from across the borough, and is coordinated by The Whitefield Academy Trust in partnership with The Hornbeam Academy Trust.

The first year of Project SEARCH at Whipps Cross saw five students from the two lead schools graduating into full time paid employment – two of them now work at Whipps and the other three in roles in the community around the hospital. Two of this year's intake, Ben and Aqib, have followed in this tradition.

Ben was over the moon after securing a job in the Medical Records department in March

"It's been an amazing journey from start to finish," Ben said. "I often find myself waking up earlier than I usually do, thinking 'I really want to get to work now'.

"Every day is completely different and I'm enjoying new experiences all of the time."

Aqib recently accepted a job as a Health Records Clerk at Whipps,

dealing with audits and audit

His new colleagues have described the former Whitefield student as "a whizz with numbers", with one saying: "I wish we could have 10 Aqibs."

Aqib said: "Project SEARCH has been really positive. When I started, I did not know what job I would have but then I got to choose a department that matched my skills."

Whipps Cross became the first site in East London to run a programme like this in September 2013. Project SEARCH follows the academic calendar, with interns going out into different departments within the hospital during three 10 to 12 week terms. In addition to the work experience, the participants also benefit from on-the-job coaching and feedback, keeping them on track and encouraging their development.

Jamie Bargeman, the Project SEARCH Manager at Whitefield, said: "Because Whipps is one of the biggest employers in the area, it's a great place to come. "It's such an amazing initiative for young people with special needs, as it can offer a direct pathway into full-time work

"With Ben and Aqib, their manager came to us and said 'these guys are fantastic, we really want to take them on', so we entered them into the interview process."

Alastair Wilson, who oversees Project SEARCH on behalf of Barts Health NHS Trust, said everyone involved with the scheme has been incredibly pleased with how well it's worked.

"We are looking at possible job opportunities for all of the current interns and we will continue supporting them into employment – that's our commitment," he said.

#### More info

To learn more about Project SEARCH, visit www.whitefield. org.uk. For more information about employment and training opportunities in the borough, visit www.waithamforest.gov.uk/jobs-and-careers. Free internet access is available at Waltham Forest I ihraries.

# **Family**

# Work to tackle youth offending praised



Efforts to support young offenders in Waltham Forest and help them secure brighter, crime-free futures have been praised by the UK's probation service watchdog.

Waltham Forest Council's Youth Offending Service (YOS) was assessed by HM Inspectorate of Probation earlier this year – and its subsequent report, published last month, highlighted several areas of effective working.

The YOS, which currently works with 169 young offenders, is part of an 'Early Help' Division which brings together different voluntary and statutory partners to tackle youth offending in a comprehensive way within the borough.

During its assessment, inspectors noted that case managers worked hard to ensure they had a good understanding of the young person they were responsible for, were clear about the factors linked to their offending and were aware of what could be done to reduce the likelihood of future offending.

The report stated: "There was strong evidence that case

managers listened to children and young people and their parents/ carers where appropriate. Good work was done to engage them in a constructive plan to complete their court orders and bring about change."

Working with its local partners, the Council continues to tackle issues around gang affiliation and serious offending. The published reoffending rate for Waltham Forest stands at 41.1 per cent - an improvement on the previous year by 4.9 percentage points and just below the London average of 41.4 per cent

Cllr Liaquat Ali MBE JP, Cabinet Member for Community Safety and Cohesion, said: "We know there is still a lot of work to be done to try to bring down reoffending rates further, but given the challenges we face in Waltham Forest, this report shows we are well on track.

"Our YOS does not always get the public pat on the back it deserves but it plays a crucial role in protecting the public and preventing future offending. Knowing we are successfully supporting young offenders and effectively managing the risk of harm they present gives us a solid platform from which to target continued improvements."

Cllr Mark Rusling, Cabinet
Member for Children and Young
People, said: "Staff in the YOS do a
fantastic job safeguarding vulnerable
children and young people and
supporting young offenders as they
try to get their lives back on track.

"Working with young people who have diverse needs creates many challenging situations for the YOS, but it is clear from this report that they are doing a good job of overcoming these difficulties and helping secure brighter futures for them."

In the Inspectorate's report, inspectors found: "clear evidence of partners such as the police, children's services, child and adolescent mental health services and education collaborating to deliver effective interventions". They also acknowledged: "very strong links between children's services and the YOS, with both services working collaboratively to protect children and young people".

The report stated the YOS was able to access a wide range of partnership services to help and support young people assessed as having complex needs and their families.

It also noted: "Case managers showed a good understanding of child sexual exploitation issues particularly in relation to girls with involvement in gangs. We saw good work to build girls' self-esteem and confidence as part of a strategy to increase the protective factors in their lives."

Areas in need of improvement were also identified in the report. More effective communication between the courts and the YOS was highlighted by the Inspectorate – and Council officers are already addressing this recommendation.

#### More info

For more information about the work of the YOS in Waltham Forest visit www.walthamforest.gov. uk/children-young-people. Free internet access is available at all Waltham Forest Libraries.

#### In brief

#### Pass-theparcel

A 50th birthday party is always a big deal - so it was only fitting to play an equally big party game as part of Waltham Forest's celebrations. This year marks the 50th anniversary of the creation of London's 32 boroughs, and as part of Waltham Forest's celebrations, giant games of pass-the-parcel were played in Chingford, Leyton and Leytonstone during the May half-term holiday. Organised by Waltham Forest Council's cultural programme team and hosted by local arts organisation Studio 3 Arts, families were invited to play the game, uncovering surprises in each layer including party chains, hats and balloons - all creating a party atmosphere. More events to mark the anniversary are planned for later in the year, including a new project to explore the stories of people who emigrated from north India to Walthamstow in the 1960s.

•To keep track of everything going on in Waltham Forest, visit www. walthamforest.gov.uk/events.

# Free lunchtime concert

St John's Church in Leytonstone (Church Lane, E11 1HH) presents its latest free lunchtime concert on Thursday 18 June. On this occasion the Church welcomes Hannah Bennett (mezzosoprano), Uilleac Whelan (viola), and Amiran Zenaishvili (piano), who will be performing music by Brahms, Schumann and Frank Bridge. The concert begins at 1pm, with doors opening at 12.45pm. There will be a voluntary collection, with proceeds going to St John's Church Funds.

• For more information phone 07825 987 020 or email milenedziuk@gmail.

# Big screen opera

World class opera and ballet will be screened live and for free at Walthamstow Town Square this summer. Three screenings will take place as part of the BP Big Screens 2015 series, which sees performances screened live from the Royal Opera House to 21 locations nationwide. The series kicks off with one of the world's most romantic operas, La Bohème on Wednesday 10 June at 7pm. This is followed by the dark comedy of Mozart's Don Giovanni on Friday 3 July at 7pm. The final screening will be the Royal Ballet's Romeo and Juliet on Tuesday 22 September at 7.30pm. The screenings will also feature exclusive backstage footage and competitions.

 For more information visit www.roh. org.uk/bpbigscreens.



Meet the Waltham Forest Fostering Team during National Foster Care Fortnight 1 – 14 June 2015

- Tuesday 9 June South Chingford Community Library 11am 4pm
- Thursday 11 June Selborn Walk Square 9.30am 4pm
- Saturday 13 June Chingford Village Festival 12noon 5pm

A further fostering information session is being held on

• Wednesday 17 June Waltham Forest Town Hall 6.30pm – 8pm



Email: fostering@walthamforest.gov.uk www.walthamforest.gov.uk/fostering

020 8496 3668



#### **Highways**

LONDON BOROUGH OF WALTHAM FOREST

HALE END ROAD E4 – EXTENSION OF CASHLESS PARKING PLACE DAVIES LANE E11 – RESTRICTION ON LOADING

VARIOUS ROADS IN HS AND BLN CPZs –
EXTENSION OF PERMIT PARKING
The Waltham Forest (Cashless Parking

The Waltham Forest (Cashless Parking Places) (Amendment No. 16) Traffic Order 2015

The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 76) Traffic Order 2015

The Waltham Forest (Hoe Street CPZ) (Parking Places) (Amendment No. 3) Traffic Order 2015

#### The Waltham Forest (Blackhorse Lane North CPZ) (Parking Places) (Amendment No. 2) Traffic Order 2015

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on **5th June 2015** made the abovementioned Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- 2. The general effect of the Orders will be to:
- (a) formally extend existing cashless parking space by 10 metres outside No. 501 and 503 **Hale Road E4** outside (the operational hours and tariff for Cashless parking in this extended parking place

will remain the same). (Note: this proposal amends the proposals dated 1 December 2014 which was extend Cashless parking by removing a Cab Rank outside No. 509 Hale End Road. This will now remain); and (b) on both sides of Davies Lane E11 between the common boundary of Nos. 66 and 68 Davies Lane and its south-eastern extremity - provide loading restrictions operating between the hours of 8 a.m. and 4 p.m. Mondays to Fridays (inclusive); and (c) convert waiting restrictions outside No. 81 **Jewel Road E17** and, No. 83 Lancaster Road E17 to permit parking space due to redundant dropped kerb access

- 3. Copies of the Orders, which will come into operation on **8th June 2015** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
- 4. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant requirements thereof or has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated 8th June 2015 Mr. K. Valavan, Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS.



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# MAKING SURE

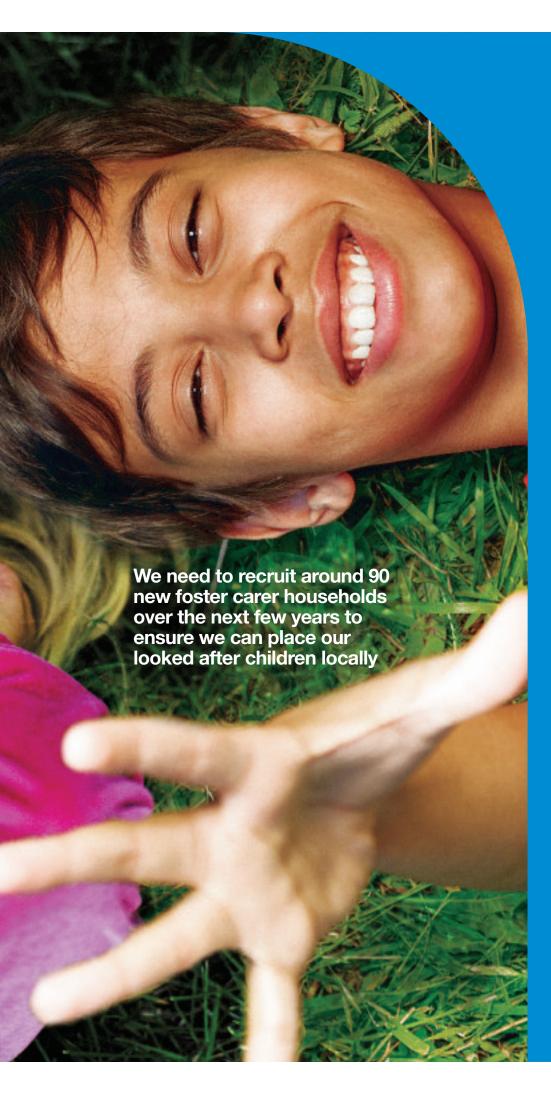
Looking after your neighbourhood is as important to us as it is to you.

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# 'I still feel like I'm part of the family'



Jeganraj 'Jiggy' Krishnaraja

Walthamstow resident Jeganraj 'Jiggy' Krishnaraja is currently flying high as a travel agent working in Chelsea.

The 21-year-old has worked hard to forge a successful life for himself – and he credits the foster carer he was placed with at 16 as having had a huge impact.

"It was a great experience to be honest," he said. "She had a grandson who was similar to my age and her son was a young adult so we got on straight away. They welcomed me with open arms.

"I still feel like I'm part of the family – I never felt like I was walking into someone else's house."

Jiggy described his experience of foster care as having "opened a lot of doors" that may not have otherwise been there. In addition, he credits his foster carer as having taught him invaluable life skills that have helped him become the person he is today.

"I learned everything there – how to run a house, how to cook, to clean, the importance of looking after your home and not being reckless with money.

"To this day I can call her up to talk about anything and she will be happy to help – she's still there for me even though I don't live there anymore."

And Jiggy's message to new foster carers? "You just need to show them that you really care for them and love them and treat them as your own and everything will be fine."





# Fostering – what's involved?

You don't need special qualifications to be a foster carer, but you do need:

- Patience, humour and energy
- Good communication skills
- Support from your family and friends
- To be able to work as part of a team

#### In return, the Council offers:

- A professional fee
- An allowance for each foster child
- Support from your own supervising social worker
- 24hr on call service
- A support group exclusively for foster carers for friendship, support and learning
- Training tailored to meet your needs
- Equipment for a child in your home beds, buggies, toys and more

- Fosternet a web portal giving you access to information and training to help you with your task
- Membership of Fostering Network a national body for foster carers

## Meet Waltham Forest's Fostering Team

#### Tuesday 9 June, 11am-4pm

South Chingford Community Library 265 Chingford Mount Road, E4

#### Thursday 11 June, 9.30am-4pm

Stall outside NatWest, Walthamstow Square Walthamstow High Street

#### Saturday 13 June, 12noon-5pm

Chingford Village Festival The Green, Chingford Assembly Hall, Station Road, E4

# Fostering information session

# Wednesday 17 June 6.30pm - 8pm

Waltham Forest Town Hall Forest Road Walthamstow E17 4DF

Our neighbourhood, our community, our children

Visit www.walthamforest.gov.uk/fostering Phone 020 8496 3000 Email fostering@walthamforest.gov.uk

